

# Norene B. Freeman

Norene Freeman, MSW, is a transformer. She is a woman with vast interests, talents, and skills who loves to communicate, connect and create.

She strongly believes in the power of the human spirit to attract the solutions to our problems, to heal our relationships, and grow our seeds of greatness.

She believes that NOW is the time to harness the Power Within and together create heaven on earth!

Norene is a dynamic communications coach who empowers presenters to find their own voice and express themselves with purpose and passion.

Norene is a captivating speaker whose “charm, warmth, and wisdom enthrall audiences and compel them to absorb her fascinating messages”.

## **Power Talks**

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Some of her favorite topics include:

**“If Not Now, When? If Not Us, Who?”**

**“Take Time for Your Spirit”**

**“Have a Life and Live it, Too”**

Norene taught public speaking at Southern NH University, studied with the Coaches Training Institute, earned an MSW from Boston University in Social Work and a BA in Speech Communications & Theater Education from Boston College.

She enjoyed successful careers as an educator, human service director, and psychotherapist.

Norene is an award winning actress and host and producer of several local television shows.

Norene and her husband live on the southern coast of Maine with their two rambunctious cats and dog. She loves to walk, inhale the ocean, sing, dance, and act.



**Power Talks**

Unlock your seeds of greatness