



THE COACHES
TRAINING INSTITUTE

The Inquiry

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The COACHES Training Institute

1879 Second Street
San Rafael, CA 94901
415.451.6000
800.691.6008
415.460.6878 Fax

E-mail: coachtrain@aol.com
Web Site: thecoaches.com

Editor In Chief:

Melissa McFarlane
Assistant Editors
Marla Morein-Skibbins
Giles MacMillan

Designer and Publisher:

Rick Tamlyn
The Michelangelo Group

The COACHES Training Institute (CTI) is the nation's largest non-profit educational institution for personal and professional coaches and coaching skills. CTI envisions a world where people of all cultures, ages and vocations are working with a coach - becoming more skilled at choosing what they want, staying on track with their vision, and realizing fulfillment and balance in their lives.

Guidelines for Articles

We are currently accepting articles for our newsletter on topics related to coaching. Articles should be between 100 and 500 words in length. We retain the right to edit articles as needed. All articles submitted will be used at the discretion of CTI. While we do not pay for articles that are published, it is a great way to increase your visibility in the coaching profession. Please send articles to Melissa McFarlane at melcoach@aol.com. Thank you!

It all began when I decided that, come hell or high water, the isolation I'd experienced as a personal coach in a rural state had to go. Once I chose to have what I really wanted, the rest was relatively easy!

My first step was to locate other coaches. I called CTI for names of people from New Hampshire who'd participated in training and asked around locally to find whomever else was out there. Happily, I found several coaches to connect with. We began having lunch to get acquainted.

My next hurdle was to share my dream of building community with them! My gremlin assaulted me with, "Are you nuts? Who do you think is going to want to play with you?" I persisted. To my delight, I discovered that Patrice Mettauer, Coach U, shared the same passion and we began to collaborate to bring our dream to life.

We chose to invite people we knew from CTI and Coach U to a meeting at the Hampton Inn in Bow, NH. I facilitated the meeting and asked questions like: "What is community? What is a coaching community? What would the coaching community of our dreams look like? What would it do? What would it have? Who would be its members? How would they communicate and collaborate? What would it take for you to really want to be part of it?"

We donned ourselves the "steering committee" and set another meeting for July. Nancy Levy, of the Coaching Collaborative in Sherborn, MA, was invited to be our guest speaker. As one of the founding members of the northeast Chapter of the ICF, Nancy described what she went through to get it up and running.

Currently, our steering committee is uncertain whether to become the New Hampshire Chapter of the ICF or to design a customized group. We've talked about the pros and cons and frankly, just don't have the answer yet.

Regardless, it has been exciting and gratifying to begin to build a coaching community in a rural state. I learned that people do want to play with me and that other coaches have the same desire for support, collaboration, networking, and continuing education. I realized that, although we are few in number and work in a state where most people have never even heard of professional coaching, we have all the ingredients for success. We have plenty of head, heart, and happiness and feel passionate about working together to share them!

I encourage all coaches who want to build a coaching community, to listen to your heart for what it's calling you to do. For me, it meets my need to unite with kindred spirits, to give and receive support, and to magnify our powerful potential. It helps me feel that I belong, that I make a difference, and that I have value. Give it a try...you might feel the same way!



**No Stopping
This Upstart!**

by Norene Freeman

CTI is updating our mailing list!

Do you have a friend who would like to receive our newsletter? Has your address changed? Would you like to be removed from our mailing list? If so, please indicate your preference below and return this form by mail, fax, or email.

Name: _____
Company: _____
Address: _____
City, ST., Zip: _____
Phone: _____

If you would like to add this name to our mailing list, check here -

If you would like to be removed from our mailing list, check here -

If this is a change of address, check here -

CTI, 1879 Second St., San Rafael, CA 94901
Fax number: 415-460-6878

Norene Freeman is a personal coach, motivational speaker, and visioncrafter. She is passionate about unlocking the seeds of greatness within individuals and organizations. Reach her at DreamMakers, 603-228-3500 or by email at Nfreedream@aol.com.

